practical points.

A Comfortable Cushion.

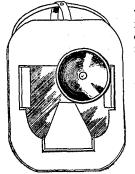
A pillow case half filled with bran makes a very comfortable cushion for the legs of a patient suffering from œdema.

Little depressions can be made in the bran for the heels, which relieves the pressure and consequent pain that is so distressing in these cases. Bran is cooler than down or feathers, and has the further merit of being cheap.

Protector with Laryngeal Mirror. Garrould,

Most nurses are acquainted The Zymotic Face with the Zymotic Face Protector, patented by Messrs. 150, Edgware Road, to which we have already drawn attention in these columns, and which is a light aluminium mask with a glass window,

which can easily be removed for sterilisation. Not so many are aware that it can now be obtained



with a laryngeal mirror attached with ball and cup fittings. The face protector effectually shields the face from involuntary expectoration when attending to or examining a patient's throat in cases of diphtheria and other infectious throat complaints, and it is therefore very convenient that a laryngeal mirror should be attached to it, as accidents are specially

liable to occur when in-specting a throat with the aid of a mirror. The price of the protector is 10s. 6d., or, with mirror attached, £1 1s.

Dr. Thomas Dutton recom-Instructions for mends that regular attention Cleansing Heads, should be paid to the hair of school children, as even the

cleanest children are liable to be infested with vermin. The presence of vermin causes sores on the scalp and enlargement of the glands. All vermin, including nits, may be easily removed by carrying out the following simple directions :-For Removing Vermin .- The hair should be well washed every other night for a week with the following lotion: One tablespoonful of Cyllin soft soap to one pint of hot water. The hair should be well rubbed with this lotion for five minutes, then rinsed with warm water. For Keeping the Hair Free from Vermin.—Girls' hair should be worn tied behind in a pigtail. Boys' hair should be cut very short. All children's heads should be washed once a week with the above lotion.

WEDDING BELLS.

TRAPNELL_STEWART.-On the 7th inst., at St. Bartholomew-the-Great, Smithfield, by the Rev. M. G. Davis, Francis Cyril Trapnell, of Beckenham, to Ann M. J. Stewart, of Moffat, N.B., and late Sister Casualty, St. Bartholomew's Hospital, E.C.

Reflections.

FROM A BOARD ROOM MIRROR.

The King, who became Sovereign Head and Patron of the Order of the Hospital of St. John of Jerusalem in England on the death of King Ed-ward, has accepted the office of Patron of its ambulance department, the St. John Ambulance Association.

Professor Howard Marsh will distribute the prizes at the annual garden party at Guy's Hospital on Thursday, July 7th.

In an appeal on behalf of the Charing Cross. Hospital, the Chairman states that for the past seven years the institution has carried on its work. under the serious disability of a crushing burden of debt (£85,000), incurred in making the hospital efficient and complete according to modern requirements. It has been determined to make a supremeeffort to lift this burden of debt once and for all. The appeal will be called "The Charing Cross Hospital Coronation Year Appeal to raise funds to pay off the mortgage of £85,000, and to enable the closed wards to be re-opened for the sick and suffering," it is hoped that there will be a ready response to the appeal when the time comes.

Mr. G. H. Radford, Member for Islington, East, on Monday last presented a Bill in the House of Commons for the registration of professional accountants. When Army Horses, as well as Teachers, Architects, Accountants, and other professional workers are registered, perhaps Parliament will have time to attend to the nurses, and to protect the public from bogus nursing homes conducted by negroes.

In consequence of a generous gift of $\pounds 4,000$ by the Lord Mayor of Newcastle (Sir W. H. Stephenson), the managers of the Philipson Children's Sanatorium at Stannington will now be able to build their second wing of the institution. The wing is to be named "The Lady Stephenson Wing," (erected by her daughters in loving memory of their mother). It is hoped in this new wing to benefit hundreds of children suffering from local tuberculosis, for whose renef there is at present no adequate provision.

There have been no fresh cases of yellow fever in British West Africa since May 26th. Unhappily all the previous cases, nine of the twelve being Europeans, ended fatally.

Dr. Wilkinson, who has established a dispensary at Lambeth for the treatment of tuberculosis patients with tuberculin, has based his views that this is an essential remedy upon experience in New South Wales. He considers that one enormous advantage of this dispensary treatment is that patients can receive it and go away to their work, and, in many cases, can work all the time if the disease is not too advanced. His experience is that 95 per cent. of cases taken in the early stage can be cured, and any case can be treated for six months for less than £1.



